

**Capital Area Human Services District Board Meeting – via ZOOM  
November 9, 2020**

**Directors Present:** Gerri Hobdy, Chair; Thomas Sawyer, Vice Chair; Laverne Aguillard; Kathy D’Albor; Vickie King; Toddie Milstead; Virginia Pearson; Rikki Permenter, PhD; Edward Songy, Jr.; Genny Nadler Thomas; Stephanie Webb; Rachael Wilkinson and Mary Winfield.

**Directors Absent:** Dwayne Bailey and Amy Betts

**CAHSD Staff:** Jan Laughinghouse, PhD, LCSW-BACS; Shaketha Carter; John Nosacka; Karen Bray **Guests:** Angela deGravelles and Rusty Jabour

	<b>RESPONSIBLE PERSON</b>	<b>DISCUSSION</b>	<b>FOLLOW-UP</b>
Approval of the November 9, 2020 Consent Agenda and Approval of October 5, 2020 Minutes.	Ms. Hobdy	<p>Ms. Gerri Hobdy, Board Chair, called the meeting to order at approximately 1:15 p.m. Roll was called and a quorum was present.</p> <p>Ms. Toddie Milstead made a motion to approve the November 9, 2020, Consent Agenda with the addition of CAHS Connects and Recovery Starts Here and the minutes of October 5, 2020. Mr. Thomas Sawyer seconded the motion.</p>	There were no objections and the motions passed.
Public Comment	Ms. Hobdy	There was no public comment made via the email address designated for submitting comments nor through the Zoom meeting chat.	There was no public comment.
Communications	Dr. Laughinghouse	<ul style="list-style-type: none"> <li>• Webinar – A free virtual webinar on “Supporting Essential Worker’s Mental Health” was held on Wednesday, October 28<sup>th</sup> from 10 a.m. to 11:30 a.m. The event was well attended and feedback was very positive.</li> <li>• Suicide Prevention Training – CAHSD partnered with the Mental Health Association (MHA), American Foundation of Suicide Prevention and the National Suicide Training Center to provide suicide prevention training. The MHA awarded funding for emergency response for suicide prevention because of the behavioral health issues that have arisen out of COVID-19. They want to work with CAHSD and make referrals to us for post interventions after a suicide attempt. J. Nosacka is the manager. The first training was provided in person/virtually and was well attended. The training will be repeated on 11/20. All CAHSD clinicians will have attended the trainings after 11/20.</li> <li>• Eye Movement Desensitization and Reprocessing Therapy (EMDR) is for people who have experienced trauma. CAHSD clinicians submitted an application to the School of Public Health at LSU to receive online training for EMDR and received 3 slots. One CAHSD employee from ABH and two from BRBH attended. When asked, Dr. Laughinghouse stated she did not think the EDMR training was a “train the trainer” opportunity.</li> </ul>	<p>If the webinar is posted, the link will be sent to Board members.</p> <p>Dr. Laughinghouse will report to Board members at next meeting if EDMR training was a “train the trainer” opportunity.</p>

		<ul style="list-style-type: none"> <li>• EBR Mayor’s Homeless Prevention Coalition – CAHSD continues to be very involved with the coalition and Dr. Laughinghouse is on the Advisory Board. Strides have been made to address homelessness.</li> <li>• Early Diversion Grant – This is a five year SAMHSA Grant for \$1.6 million designed to reduce arrest rates for the target population of adults with serious mental illnesses (SMI), who may have co-occurring addictive disorders, by expanding the capacity of CAHSD’s mobile and outpatient behavioral health treatment services across all 7 CAHSD parishes. Dr. Laughinghouse provided an overview of the team, strategies, law enforcement and judicial involvement, the referral process/eligibility criteria and difficulty determining if eligibility criteria is met. Ms. S. Webb stated that all grantees are having this problem and that Probation and Parole can access the information if needed.</li> <li>• LaSOR 2.0 Opioid Response Grant provides \$453K to purchase Narcan overdose reversal medication, fund CAHSD’s Mobile Unit, Reentry Program and on the Prevention side, there is funding for Generation RX which is focused on high school students and advising them on the dangers of prescription medications. The grant provides funds for CAHSD to focus on opioids and stimulants and also funds a media campaign.</li> <li>• Chicot Behavioral Health Support –CAHSD is providing virtual telephonic behavioral health support, if needed, to some people who are temporarily homeless and housed on-site at the campground. There’s not a high census but CAHSD staff is on call during the night and call is rotated about every 5 days. CAHSD was also asked to pick up the days for LGE’s that were impacted by the recent storms.</li> </ul>	
CAHS Connects Recovery Starts Here	Rusty Jabour	<ul style="list-style-type: none"> <li>• CAHS Connects – The new version was sent out last Monday. It’s quicker and easier to read summary format for stories. We think it will be well received and have already received positive feedback. It’s distributed to CAHSD employees and the CAHSD external email list of about 900. Board members were asked to please forward the email address of anyone who needs to know about CAHSD’s activity.</li> <li>• Recovery Starts Here Program – An overview of the beginning of the campaign and TV stations involved was provided. Since the start of 2020, CAHSD averaged 100 thirty second commercials every month on Channel 33, Fox 44 and two others in good program time slots, i.e. Saints game. Topics being advertised are: problem alcohol abuse, problem gambling, and new CAHSD locations. CAHSD has a presence on a special website at BRProud, Channel 33, and Fox 44 with special banner ads. These are pop up short commercials, when someone clicks on a new story, a CAHSD commercial is in a rotation</li> </ul>	Board members are to forward email addresses of anyone who needs to know about CAHSD’s activities to K. Bray.

		<p>and plays. Also, in 2020, CAHSD headlined news with Dr. Laughinghouse on the Morning Show.</p> <ul style="list-style-type: none"> <li>Starting June 2021 continuing through the following December, coverage will increase with 150 spots a month with topics re: Louisiana Spirit, COVID-19 Counseling Program, and Escape the Vape, an anti-vaping program for youth. An overview of the air schedule was provided. In the upcoming months, CAHSD will have spots including Medication-Assisted Treatment/opioid use and other issues.</li> </ul>	
Electronic Health Record Selection Process	Dr. Laughinghouse	<ul style="list-style-type: none"> <li>Electronic Health Record Selection Process – J. Nosacka provided information regarding CareLogic Enterprise software, the product selected by CAHSD. He shared the review/selection process. Implementation is a 6-9 months process after the product is purchased/installed. He stated that CareLogic is a good product.</li> </ul>	
Self-Generated Revenue (SGR) September 2020	Dr. Laughinghouse	<ul style="list-style-type: none"> <li>Dr. Laughinghouse provided an overview of the SGR September 2020 report which was 62% down. As shared with Board members last month, the decrease is due to not being able to bill for CAHSD services provided until the credentialing process with all payors was completed. Claims submitted prior to the completion of the credentialing process would have been denied. The process involved providing new clinic names/addresses and other required documentation of the changes. Back billing has started.</li> </ul>	
Board Membership Status	Dr. Laughinghouse K. Bray	<ul style="list-style-type: none"> <li>There has been no change in the status of current Board vacancies. A video re: the CAHSD Board and Board membership will be produced soon and used with the goal of creating interest in the parishes with vacancies.</li> </ul>	
Report from Chairman			
<b>Governance Policy Review by Direct Inspection/Board Business</b>			
<p>Global Executive Constraint</p> <p>Monitoring Executive Director Performance Policy (Documents Distributed in Dec/Jan as a package)</p> <p>Communication With and Support to the Board</p>	Ms. G. Hobdy	<ul style="list-style-type: none"> <li>Board members reviewed the following policies included in their Board meeting policy packet: <ul style="list-style-type: none"> <li>➤ Global Executive Constraint</li> <li>➤ Monitoring Executive Director (ED) Performance Policy (Documents Distributed in Dec/Jan as a package) <ul style="list-style-type: none"> <li>○ Ms. G. Hobdy provided information on the ED review process/timeline. The performance review was distributed electronically for completion.</li> </ul> </li> <li>➤ Communication With and Support to the Board</li> </ul> </li> <li>There were no recommendations to revise the policies. Ms. V. Pearson made a motion to approve the policies without changes. Dr. R. Permenter seconded the motion.</li> </ul>	There were no objections and the motion passed.
November Policy Review Assignment	Ms. V. Pearson	<ul style="list-style-type: none"> <li>Board Committee Principles – Ms. V. Pearson reviewed this policy and stated there is no reason to adjust or modify. She recommends to</li> </ul>	

		keep as written. No action required.	
December Policy Review Assignment	Ms. G. Hobdy	<ul style="list-style-type: none"> <li>Agenda Planning: Ms. K. D’Albor</li> </ul>	
Board Orientation	Dr. Laughinghouse K. Bray	<ul style="list-style-type: none"> <li>Board Orientation packets were sent to the members who joined the Board after June 1, 2020. A Zoom meeting for the new Board members will be scheduled after distribution to discuss any question and concerns. Board members who joined the Board prior to June 1, 2020 will also have access to the orientation material.</li> <li>Members will need Adobe Acrobat in order to sign the orientation documents electronically.</li> </ul>	
Board Member Self Evaluation Results	Ms. G. Hobdy	<ul style="list-style-type: none"> <li>Board Member Self-Evaluation results are included in the meeting packet. Seven Board members serving prior to June 1 participated. The report consists of a comparison chart and responses to the questions. There is only one rating of less than 3. All Board members will participate next year.</li> </ul>	
Adjournment	Ms. G. Hobdy	<ul style="list-style-type: none"> <li>Ms. G. Thomas made a motion to adjourn the meeting. The motion was seconded by Mr. T. Sawyer.</li> </ul>	There were no objections and the motions passed.
Next Meeting	Ms. G. Hobdy	The meeting was adjourned. The next Board meeting is on December 7, 2020, at 1:00 p.m. Meeting location or online access information will be provided when determined.	